

“I can do all things through Christ who gives me strength.”

-Philippians 4:13



“Strong and Able”

A Guide for Navigating COVID-19 at CVCA





Dear Parents/Guardians,

It is time to enter another school year at Canadian Valley Christian Academy. This will be the 5th year for CVCA, and we are growing stronger every year. I am so excited that we are finally getting back to “live” school.

This year will be a new adventure for all of us as we make our way forward. Many things will change, and many things will never be the same, but the one thing that never changes is God’s love for us, and his promises to us. We will have many challenges, but none of them are too great if we put God in control. We will continue to have Chapel daily, talking to God and listening to His words.

Things may look a little different, but rest assured that we are working diligently to keep your kids safe while making the learning experience for them the very best possible. From the time students are dropped off at school to the time they go home, things may appear a little different, but we still have the same loving and caring staff working with your children.

It is obvious from the comments that I am getting from parents that you are ready for the kids to be back in school, and I really appreciate all of your input as to how we would make this happen.

Welcome back to CVCA for the 2020-2021 school year as we look to God for guidance, and pray that he will give us the strength to carry on His work.

Richard Nix

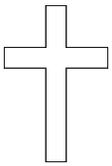
Principal

Getting Back to Campus

Doing What it Takes to Stay Together

Our CVCA staff is preparing for on-campus learning to resume on August 13, 2020. Guided by the State of Oklahoma's Return to Learn framework, CDC recommendations, The American Academy of Pediatrics (AAP), and in accordance with local, state, and federal requirements, we will be seeking to maximize student learning and engagement, while abiding by emerging best practices for minimizing the spread of COVID-19.

Chapel



Chapel is an important part of our day. We start every morning at 8:15 with Chapel. We will practice social distancing between classes and students. Chapel will be recorded on an unlisted YouTube channel for any parents that want to watch.

Campus Check-In



Parents will drop students off under the portico on the west side of the building. If your child is late, they will come in through the school office on the north side of the building. Students who exhibit symptoms related to COVID-19, absent a pre-existing condition (such as asthma), will stay home until symptoms subside. All students will get a touch-free temperature check at drop-off while in the car. Students with a fever of 100 degrees or higher (without fever-reducing medicine) will stay home until fever-free for 48 hours. Parents will stay in the car.

Lunch



CVCA will social distance in the lunchroom. Seating in the lunchroom will be every other seat on one side of the tables. Students will bring a packed lunch from home in the morning. **No off-campus food deliveries (from parents or vendors) will be allowed.** For the time being, **no parents or outside visitors will be allowed to join the students for lunch.**



Water Fountains

To begin the year, standard water fountains will be turned off. We are installing a water bottle-filling function to refill student water bottles.

Sanitizing and Cleaning



All classrooms and common areas will have hand sanitizers. Classrooms, bathrooms, and doorknobs will be sanitized daily. Students will wash their hands before lunch and sanitize whenever coming or going from the classroom.

Campus Access



For the time being, CVCA is discouraging “walk-in” visitors. Building access will be limited to students, staff, and guests invited for educational purposes. Those visitors will be asked to submit to a touch-free temperature check. They will also be asked to wear a face covering while in the hallways, and common areas.

Social Distancing



CVCA is blessed with small class sizes. Teachers are arranging rooms to maximize space between students.

Large Gatherings



Events throughout the year will be modified to comply with current recommendations regarding crowd size and social distancing.

Music



Our music teacher will follow procedures to minimize risk. We will limit performing in group settings. As risk factors change, we will reassess group formats.

Physical Education (PE)



PE activities will allow for social distancing.

Recess



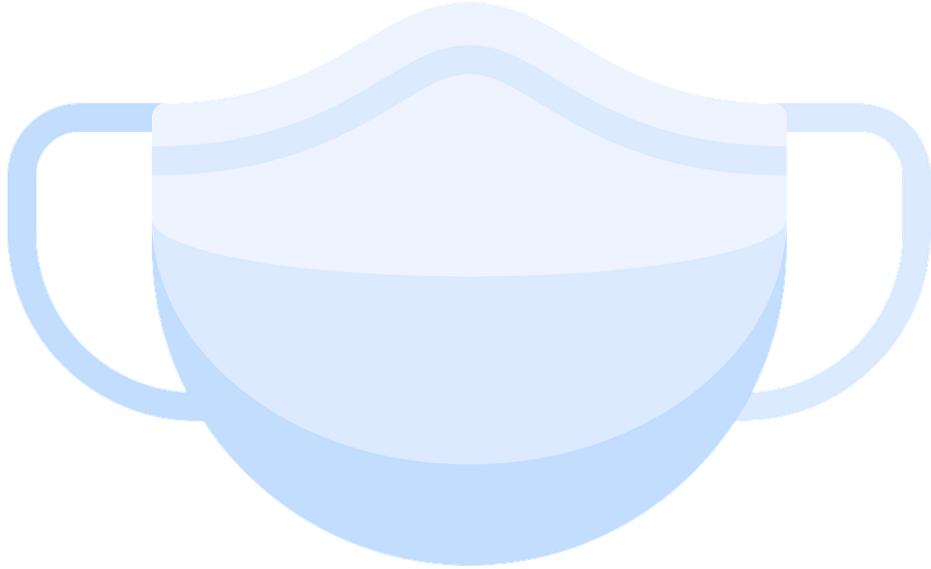
In instances in which multiple grade levels are on the playground at once, we have divided the playground for students to stay with their group. This will limit exposure during this time of higher risk. We will also do our best to limit playground activities that keep students in close proximity to one another for long periods of time.



After Care

After Care will be provided from 3:00 p.m. to 5:30 p.m. for those who need it. (\$170 per month or a flat \$15 per day.) The same social distancing practices will be in place that are in the classroom.

What About Masks?



Masks will be encouraged but not required when traveling through the hallways and common areas.

Otherwise, all students are encouraged to cover up, but will be free to remove their masks once they have arrived at their destination. Anyone who wishes to wear their mask in any situation will be supported.

Quarantine Procedure

How We'll Respond When People Get Sick

CVCA's plan is designed to minimize risk of any large-scale quarantine. However, we are prepared for instances of necessary quarantine:

Confirmed Cases (On or Off Campus)

CVCA students and staff who have been in recent, close or unprotected contact with a COVID-positive case will be notified and asked to quarantine for 48 hours symptom-free. Exposed students who show symptoms in this window can be tested (potentially to return soon after symptoms subside) or stay home for a fourteen (14) day period.

Temporary Campus Closure

The spring semester taught us much about delivering online learning, and we have continued to study and prepare for the possibility of more this school year. Our intent is not to transition to an all-online learning platform, but we are prepared to do so immediately if a significant on-campus health concern or government order requires it.

Policy on Absences

Students who remain engaged in coursework online will not be considered absent during periods of quarantine. Students too ill to participate even from a distance will be granted sick time in accordance with existing school policies for health-related absences.

COVID – 19 Daily Self Checklist

Please review this Daily Self Checklist each day before bringing your child(ren) to school.



If your child(ren) or someone in your family has experienced any of the following in the past 24 hours, STAY HOME and call the school to let them know. You should call your primary care physician for further direction.

If your child(ren) or someone in your family test positive for COVID-19, you should call the school and inform them.

CVCA Phone Number: 405-265-2666

Do you have:

- Fever (temperature over 100°) without having taken any fever reducing medications?
- New loss of taste or smell?
- Muscle aches?
- Sore throat?
- Cough?
- Shortness of breath?
- Repeated shaking/chills?
- Headache?
- Fatigue?
- GI symptoms such as nausea/vomiting, diarrhea, or loss of appetite?

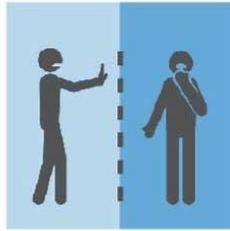
Have you had any of the following symptoms in the past 24 hours NOT related to allergies?

- Runny nose?
- Congestion?

Health Precautions



STAY HOME
WHEN YOU ARE
SICK



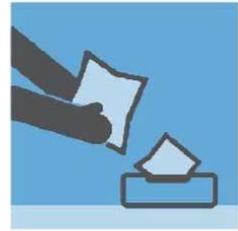
AVOID CONTACT
WITH PEOPLE
WHO ARE SICK



GET ADEQUATE SLEEP
AND EAT WELL-
BALANCED
MEALS



WASH HANDS OFTEN
WITH WATER AND SOAP
(20 SECONDS
OR LONGER)



DRY HANDS WITH
A CLEAN TOWEL
OR AIR DRY
YOUR HANDS



COVER YOUR MOUTH
WITH A TISSUE OR
SLEEVE WHEN
COUGHING OR SNEEZING



AVOID TOUCHING
YOUR EYES, NOSE,
OR MOUTH WITH
UNWASHED HANDS
OR AFTER
TOUCHING SURFACES



CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN



CALL BEFORE VISITING
YOUR DOCTOR



PRACTICE GOOD
HYGIENE HABITS

Protect yourself and others from COVID-19 by taking these precautions when at home.

- Practice Social Distancing
- Get adequate sleep and eat well-balanced meals
- Wash hands often with water and soap (20 seconds or longer)
- Dry hands with a clean towel or air dry your hands
- Cover your mouth with a tissue or sleeve when coughing or sneezing
- Avoid touching your eyes, nose, mouth with unwashed hands or after touching surfaces
- Clean and disinfect "High-Touch" surfaces often
- Call before visiting your doctor
- Practice good hygiene habits